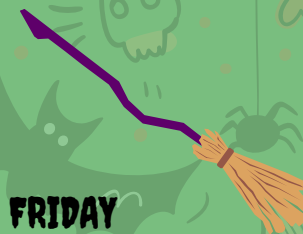




OCTOBER 2025

PRESCHOOL



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

BREAKFAST
MUFFIN TOPS 1
DICED PEACHES
LUNCH
GRILLED CHEESE
BROCCOLI
DICED PEARS

BREAKFAST
BREAKFAST BREAD 2
WATERMELON
LUNCH
ROTINI W/ CHEESE
CARROTS + CELERY STICKS
FRESH FRUIT

BREAKFAST
CEREAL 3
FRUIT
LUNCH
MINI TURKEY CORN DOGS
MINI BELL PEPPERS
FRESH FRUIT



SCAN
FOR
ONLINE
MENU

SCAN ME

6

7

8

9

10

FALL BREAK (NO SCHOOL)



Connect with us
on social media
by searching
"WESD Nutrition
Services".

BREAKFAST
CEREAL 13
BUDDY FRUITS
LUNCH
CHICKEN TACOS
REFRIED BEANS
DICED PEACHES

BREAKFAST
BREAKFAST ON A STICK 14
FROZEN FRUIT CUP
LUNCH
DEEP DISH PIZZA
GREEN BEANS
DICED PEARS

BREAKFAST
MUFFINS 15
APPLESAUCE CUP
LUNCH
PB & J SANDWICH
CUCUMBERS
MIXED FRUIT

BREAKFAST
WAFFLE 16
BANANA
LUNCH
HAMBURGER
FRENCH FRIES
FRESH FRUIT

BREAKFAST
PANCAKES 17
APPLE SLICES
LUNCH
CHICKEN SMACKERS
CORN
FRESH FRUIT

DID YOU KNOW?

PUMPKINS ARE A
FRUIT (BECAUSE
THEY HAVE
SEEDS!)



BREAKFAST
CEREAL 20
DICED PEACHES
LUNCH
PEPPERONI PIZZA
MINI BELL PEPPERS
MIXED FRUIT

BREAKFAST
TURKEY SAUSAGE 21
SANDWICH
BUDDY FRUITS
LUNCH
HOT DOG
BAKED BEANS
PINEAPPLE

BREAKFAST
BREAKFAST BREAD 22
MANDARIN ORANGES
LUNCH
ROTINI W/ CHEESE
CARROTS + CELERY STICKS
APPLESAUCE

BREAKFAST
WAFFLE 23
DICED MANGOES
LUNCH
CHICKEN PATTY
SWEET POTATO FRIES
FRESH FRUIT

BREAKFAST
MINI PANCAKES 24
APPLE SLICES
LUNCH
PB & J SANDWICH
ROASTED RED POTATOES
FRESH FRUIT

BREAKFAST
CEREAL 27
APPLESAUCE
LUNCH
TANGERINE CHICKEN + RICE
SUNSHINE CARROTS
DICED PEARS

BREAKFAST
WAFFLE 28
BUDDY FRUITS
LUNCH
CHEESEBURGER SLIDERS
FRENCH FRIES
MIXED FRUIT

BREAKFAST
MUFFIN TOPS 29
DICED PEACHES
LUNCH
CHEESE PIZZA
BROCCOLI
APPLESAUCE

BREAKFAST
BREAKFAST BREAD 30
WATERMELON
LUNCH
TURKEY + CHEESE SANDWICH
BABY CARROTS
FRESH FRUIT

BREAKFAST
CEREAL 31
APPLE SLICES
LUNCH
CHICKEN TENDERS
CUCUMBERS
FRESH FRUIT

